



 **emdr** RESEARCH FOUNDATION

2018

ANNUAL
REPORT

MAKE A GIFT.

**FUND THE
RESEARCH.**

CHANGE A LIFE.

MESSAGE FROM THE PRESIDENT

Dear Friends,

On behalf of the EMDR Research Foundation, I want to thank you for your ongoing support and commitment to the Foundation. 2018 was a banner year for us, celebrating 12 years of promoting quality, unbiased research of Eye Movement Desensitization and Reprocessing (EMDR) therapy. As the only organization worldwide solely dedicated to supporting EMDR research, the Foundation continued its efforts to inform, strengthen, and expand the understanding and effectiveness of EMDR.

1. Raised more than **\$174,000** to support innovative EMDR research and welcomed **34** new Visionary Alliance members.
2. Awarded three research grants to expand the evidence base for EMDR therapy across a range of populations and disorders, including improving addiction-focused EMDR therapy, EMDR treatment in PTSD following Acute Coronary Syndromes, and treating suicidal triggers.
3. Previous research grant awardees, Lycia D. de Voogd and Erno J. Hermans of Donders Institute for Brain, Cognition and Behaviour at Radboud University in The Netherlands, published the study "Eye-movement intervention enhances extinction via amygdala deactivation" which examines how eye movements may reduce fear-related trauma.
4. Previous research grant awardee, Amanda Roberts, published the study "The Effects of the EMDR Group Traumatic Episode Protocol With Cancer Survivors" which examines the efficacy and safety of the Eye Movement Desensitization and Reprocessing (EMDR) Group Traumatic Episode Protocol (G-TEP) in the psychological treatment of cancer survivors and its potential effects on posttraumatic stress, anxiety, and depressive symptoms.
5. Created the EMDR Early Intervention (EEI) Fund, a dedicated fund to support research exploring the long-term effectiveness of EEI and to evaluate whether it can prevent the eventual development of PTSD.

I am pleased to share this Annual Report with you that brings to light the important work of the Foundation. On behalf of the Foundation's Board of Directors, we are grateful for the partnership and generosity of stakeholders and donors like you. We could not succeed in our mission without you, and together, we are enhancing the quality of life for people everywhere by facilitating healing, health, and well-being!

In Gratitude,

Wendy J. Freitag Ph.D.

Wendy J. Freitag, Ph.D.
President

About the Foundation

Founded in 2006, the EMDR Research Foundation is a registered non-profit organization dedicated to the promotion of quality, unbiased research in EMDR (Eye Movement Desensitization and Reprocessing). EMDR is an evidence-based psychotherapy effective in the treatment of persons who have experienced trauma.

The Foundation envisions a world where people are transformed into wellness and vibrancy by effective, compassionate mental health treatment that is driven by quality research. In an effort to inform, strengthen, and expand the understanding and effectiveness of EMDR, ultimately the Foundation enhances the quality of life for people everywhere by facilitating healing, health, and well-being.



Dedicated Funds

Hope for Children Fund: Created in memory of Carol York, EMDRIA's first Executive Director and a pioneer in working with children, all funds raised are used for research on EMDR therapy with children.

Suicide Prevention & Survivor Support Fund: Thanks to a bequest from E.M. "Sandy" Murray to memorialize his oldest daughter, Marcia Murray, all funds raised are used to support EMDR therapy research in suicide prevention and survivor support.

Early Intervention (EEI) Dedicated Fund: All funds raised are used for research to determine the long-term effectiveness of EMDR Early Intervention (EEI) and to evaluate whether it can prevent the eventual development of PTSD.



OUR IMPACT

Advancing EMDR Research

The EMDR Research Foundation awarded **three** new **\$25,000** research grants in 2018, bringing the total amount of grants awarded to **\$383,000** since the Foundation's inception in 2006. Each year, the Foundation awards approximately \$50,000-\$150,000 in research grants to EMDR therapy researchers, practitioners, and students through a careful and stringent application process. As the only organization worldwide solely dedicated to the study of EMDR therapy, these exciting new projects will contribute to the growing research on the use of EMDR therapy to treat suicidal drivers, PTSD following Acute cardiac syndromes, and addiction.



FUNDED OVER
\$383,000
IN GRANTS

1 Treating Suicidal Drivers with EMDR therapy: A Randomized Controlled Trial

J. Baptist, PhD

The long-term goal of this proposed research is to expand the field's knowledge of what works to prevent suicide by evaluating the longitudinal effectiveness EMDR therapy as a treatment for suicidal drivers (i.e., problems that lead to suicidality). The objective of this proposed research is to utilize a randomized-controlled trial (RCT) to compare the efficacy of EMDR with Cognitive Behavioral Therapy (CBT) to treat suicidal ideation and risk. The proposed study has the potential to make a significant contribution to the field of mental health. The study can provide evidence for the efficacy of EMDR that in turn can help expand the repertoire of psychotherapies to reduce suicidal risk in persons with depression and pave the way for larger scale RCTs. It is expected that EMDR can be effective in treating suicidal drivers that have similar characteristics to triggers that are the targets of trauma treatment. Treatments for suicidal risks among persons with depression can reduce the emotional and financial cost of losing a loved one and strengthen families and communities.

This is the first study funded from the Foundation's Suicide Prevention and Survivor Support fund.

2 EMDR Treatment in PTSD Following Acute Coronary Syndromes

C. Mueller-Pfeiffer, PhD

Acute cardiac syndromes (ACS) can often result in debilitating and persistent psychological signs and symptoms. A key question involves whether optimal treatment of ACS-induced PTSD reduces PTSD signs and symptoms and thereby may offset the risk of recurrent or worsening cardiovascular disease. There is preliminary evidence suggesting that patients with cardiac-disease induced PTSD might particularly profit from EMDR. Nevertheless, this possibility has not been tested in ACS-induced PTSD. Currently, patients with ACS-induced PTSD are not routinely offered trauma-focused therapies, with a lack of scientific evidence likely being one major reason for this omission. If our proposed RCT shows that EMDR can be an effective treatment for the reduction of PTSD symptoms in patients with ACS, EMDR could be routinely implemented as first-line treatment. This knowledge might inform larger trials to test whether poor prognosis in terms of major adverse cardiovascular events can be improved through EMDR in patients with ACS and other types of cardiac-induced PTSD.

3 Improving addiction-focused EMDR: a Reconsolidation-based Approach *M. Littel, PhD*

The proposed project aims at a better understanding of the underlying neurocognitive mechanisms involved in EMDR treatment of addiction, one of the most prevalent mental disorders. Addiction-focused EMDR (AF-EMDR) is currently widely used and, although many initial studies indicate that this intervention might be effective, evidence is not conclusive. To date, AF-EMDR protocols have relied heavily on the original EMDR protocol for PTSD, whereas the nature of addiction memory and trauma memory differ substantially and their desensitization presumably requires different approaches. We will critically test three new, innovative experimental modifications to the current AF-EMDR protocol that take into account these differences and might improve its effectiveness. Overall, a more thorough understanding of the mechanisms of successful EMDR treatment of addiction will be achieved. A better understanding of these dynamics may ultimately lead to better treatment options (i.e. personalized treatment protocols for addiction).

Foundation Announces Publication of Two EMDR Therapy Studies

1 The EMDR Research Foundation is pleased to announce the release of a study on how EMDR may reduce fear-related trauma. Funded by the Foundation, the study, “Eye-movement intervention enhances extinction via amygdala deactivation” examines the use of Eye Movement Desensitization and Reprocessing (EMDR), was published in the Journal of Neuroscience in October 2018.

According to the National Institutes of Health, Department of Veteran Affairs, and Sidran Institute, **70% of adults** in the U.S. have experienced some type of traumatic event at least once in their lives, equating to approximately **223.4 million** people. Scientific research has established EMDR therapy as effective for post-traumatic stress, but more research still needs to be done.

“Early Intervention in response to crises, whether mass shootings, individual violence, accidents, or natural disasters has the potential to prevent or mediate the impact of trauma, and later development of PTSD,” said Wendy J. Freitag, PhD., President of the EMDR Research Foundation. “We need additional research to determine the most effective responses to these events.”

Authored by Lycia D. de Voogd and Erno J. Hermans of Donders Institute for Brain, Cognition and Behaviour at Radboud University in The Netherlands, this recent study provides an account of how behavioral manipulations of the working memory and suppressing amygdala activity — the part of the brain involved with the experiencing of emotions — can alter retention of emotional memories.



**70% ADULTS
HAVE
EXPERIENCED
SOME TYPE
OF TRAUMATIC
EVENT AT LEAST
ONCE IN THEIR
LIVES**

One researcher noted, "There has not been enough research towards the execution of eye movements following trauma recall. Thanks to the support of the EMDR Research Foundation, this research will hopefully benefit more people with fear-related trauma."

To read the study, please visit the [Journal of Neuroscience](#).

2 The EMDR Research Foundation is pleased to announce the release of a study on how EMDR may be effective and safe in the psychological treatment of an oncology population. Funded by the Foundation, the study, "The Effects of the EMDR Group Traumatic Episode Protocol With Cancer Survivors" examines the use of Eye Movement Desensitization and Reprocessing (EMDR), was published in the Journal of EMDR Practice and Research in 2018.

Authored by Amanda Roberts, PhD, MA, this recent study provides an examination of the efficacy and safety of the Eye Movement Desensitization and Reprocessing (EMDR) Group Traumatic Episode Protocol (G-TEP) in the psychological treatment of cancer survivors and its potential effects on posttraumatic stress, anxiety, and depressive symptoms.

To read the study, please visit the [Journal of EMDR Practice and Research](#).

“...Thanks to the support of the EMDR Research Foundation, this research will hopefully benefit more people with fear-related trauma.”

- Erno J. Hermans, PhD

New Fund Supporting Early Intervention Research

The EMDR Research Foundation has established a dedicated research fund for those donors who want to direct their resources specifically to the support of research exploring the most effective and efficient way to provide early intervention to those in need.

The incidence of crises, whether personal violence, political trauma, the impact of war, or natural disasters, are rampant and increasing in our world today. Experiencing or witnessing a traumatic event directly leads to an increase in human suffering, but also impacts communities and entire regions by reduced productivity, decrease in educational opportunities, and a potential increase in violence and renewed trauma.

As EMDR therapy has developed as an effective treatment for trauma, a number of specialized applications have been developed in the area of early intervention. There is a growing body of research suggesting that early intervention with EMDR-based procedures can help to provide stabilization, can mediate the impact of trauma, or even provide full trauma resolution. Research is needed to determine the long-term effectiveness of EMDR Early Intervention (EEI) and to evaluate whether it can prevent the eventual development of PTSD.

These interventions can be offered within hours after exposure to a crisis, and typically within three months following an event. However, some researchers suggest that the early intervention procedures need not be limited by an arbitrary time-frame. There are protocols designed to treat groups as well as individuals. This greatly increases accessibility to treatment in communities or in groups that have suffered a common traumatic event. Examples of positive results to date have included the use of EEI in groups of children following an earthquake, war refugees living in refugee camps, individuals and groups of women following sexual assault, victims of a geopolitical crises, groups of women post-diagnosis of breast cancer, and children living in situation of ongoing violence.

Learn more about the EEI Fund [here](#).

Foundation Receives Donation for Hope for Children Fund

The EMDR Research Foundation is pleased to announce it has received a generous donation from the 1st Virtual Summit of EMDR Therapy with Children & Adolescents. These funds will support the Hope for Children Fund, a dedicated fund used to support research on EMDR therapy for children and adolescents.

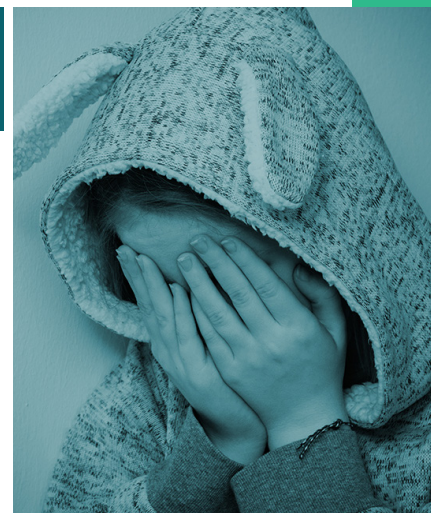
The 1st Virtual Summit of EMDR Therapy with Children & Adolescents was held in November 2018 for mental health professionals and EMDR-trained clinicians to learn more about the latest research and practice of EMDR therapy for children and adolescents. Ana Gomez, Chair of the Summit, stated, “We are pleased to donate a portion of the proceeds from the Summit to the Foundation’s Hope for Children Fund, as this fund represents the Summit’s goal of working with traumatized children and adolescents.”

Created in honor of Carol York, the Hope for Children Fund is a dedicated research fund for those donors of the Foundation who want to direct their resources to support EMDR therapy research with children. York died in a tragic auto accident in October 2015. She was a pioneer in working with children and was committed to enhancing the professionalism of EMDR therapy.

According to the 2011-2012 National Survey of Children’s Health, almost half the nation’s children have experienced at least one or more types of serious childhood trauma. Early intervention in response to crises has the potential to prevent or mediate the impact of trauma, and later development of PTSD, which is why the Foundation is funding additional research to determine the most effective responses to these events.

“This generous donation from the Summit will be instrumental in furthering this important research impacting children and adolescents affected by trauma,” said Wendy J. Freitag, Ph.D., President of the EMDR Research Foundation.

Learn more about the Hope for Children Fund [here](#).



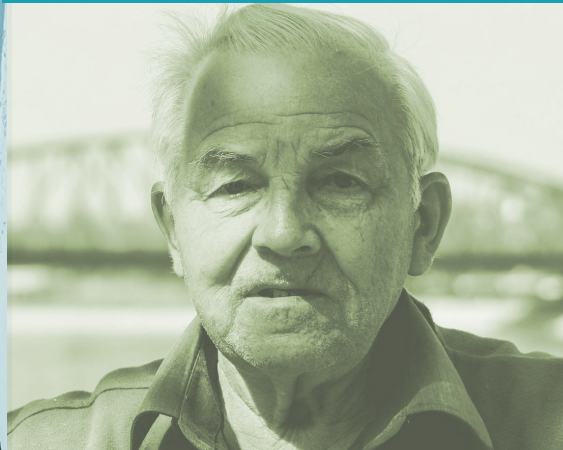
**ALMOST
HALF THE
NATION'S
CHILDREN
HAVE
EXPERIENCED
AT LEAST ONE
OR MORE TYPES
OF SERIOUS
CHILDHOOD
TRAUMA.**

Board Member Recognized

Long-time EMDR Research Foundation Board member, **Katy Murray**, was awarded the 2018 Liz Snyder Award for Outstanding Volunteer Service from the Trauma Recovery/EMDR Humanitarian Assistance Program. Murray, a Licensed Independent and Board Certified Diplomate in Clinical Social Work, received the prestigious honor at the 2018 EMDRIA Conference for her dedication to EMDR therapy. Her dedication to EMDR therapy has inspired many, and her work has been instrumental in advancing the field over the last 23 years. She is most proud of the Suicide Prevention & Survivor Support Fund initiated by her father in honor of her oldest sister who died by suicide 40 years ago. Click [here](#) to hear more from Murray about her work with EMDR therapy.

MISSION STATEMENT

The EMDR Research Foundation promotes health and growth of human beings through the support of quality research, evidence-based practice and compassionate, well-informed clinicians.



FINANCIAL INFORMATION

Statement of Activities

Income

Contributions:	\$166,159.97
Total Income:	\$166,159.97

Expenses

Program Expenses:	\$114,087.08
Fundraising:	\$ 8,321.09
General and Administration:	\$ 12,925.18
Total Expenses:	\$135,333.35



Statement of Financial Position

Assets

Current Assets:	\$396,265.34
Total Assets:	\$396,265.34

Liabilities

Current Liabilities:	\$ 115.00
Total Liabilities:	\$ 115.00

Net Assets

Unrestricted:	\$338,358.72
Temporarily Restricted:	\$ 26,965.00
Net income:	\$ 30,826.62
Total Net Assets:	\$396,150.34

Total Liabilities and Net Assets:

\$396,265.34



OUR DONORS

Visionary Alliance

Cossette Ahlborn
Karen Alter-Reid
Susan Arland
Kass Atkinson
Peggy Avent
Alicia Avila
Stephanie Baird
Jocelyn Barrett
Wilma Bass
Terry Becker-Fritz
Lisa Bellecci
Jennie Beltz
Mary Ellen Bertling-Safford
Hvovi Bhagwagar
Kathleen Biel
Scott Blech
Soozi Bolte
Suzanne Borstein
Sarah Boss
Marcella Brimo
William Brislin
Susan Brown
Lynn Buhler
Carrie Carr
Priscilla Chase Durán
James Cole
Lawrence Compagnoni
Candida Condor
Michael Coy
Carol Crow
Irene Cunningham
Michele Cyr
Jennifer Daniels
Stephen Dansiger
Elizabeth De Viveiros
Diane DesPlantes
Barb Detlefsen
Nancy Deutsch
Sheila Devlin-Cranne
Dean Dickerson
Lynne Dixon
Virginia Dotson
Roberta Dunton
Tonya Edmond
EMDR Italy Association
EMDR Spain
Warren Faber
Karen Forberg
DaLene Forester
Carol Forgash
Karen Forte
Wendy Freitag
Jim Gach
Lisa Garcia
Richard Garrett
Anne Giel
Irene Giessl
Patty Giffin
Sara Gilman
Andrea Goldberg

Susan Goodell
Cassandra Gorman
Michelle Gottlieb
Joseph Graca
Karen Harber
M. Leanne Harper
Paula Harry
Roxann Hassett
Jean Hawks
Patricia Henry-Schneider
Barbara Hensley
Suzanne Herberg
Pennisue Hignell
Susan Hogan
Flo Holt
Lana & Jim Hopkins
Tamra Hughes
Timothy Hull
E. C. Hurley
Josie Juhasz
Deborah Kennard
Roy Kiessling
Wayne King
Karin Kleiner
Cynthia Kong
Amy Konkle
Emre Konuk
Deborah Korn
Barbara Korzun
Claudia Kotin
Wendy Krauss
Susan Kravit
Deidre Lafferty
Beverlee Laidlaw Chasse
Robert Land
Sharon Laurenza
Andrew Leeds
Candise Leininger
Jennifer Lendl
Ann Marie Lewis
Alan Liberman
Donna Lindley
Farnsworth Lobenstine
Kathia Lopez Murdock
Marilyn Luber
Linda Lunsted
Sandra Lynch Bass
Barb Maiberger
Harriet Mall
Robert Manrique
Maria Masciandro
Louise Maxfield
Mary Jo McHaney
Isabelle Meignant
Paul William Miller
Linda Mixon
Peggy Moore
Regina Morrow Robinson
Helen Morton
Dolores Mosquera

Rik Muroya
Richard Murphy
Evelyn Murray
Katy Murray
Kalpana Murthy
Tiffany Mylett
Mark Nickerson
Lawrence Nieters
Kelly O'Horo
Sangye O'Mara
David Ogren
Udi Oren
Elaine Ortman
Julie Parker
Sandra Paulsen
Sherri Paulson
Liz Pechous
Debby Phillips
Julia Pinsky
Esta Porter
Merrill Powers
Jari Preston
Elizabeth Prince
Mary Jane Pringle
Gerald Puk
Elizabeth Ramirez
Sheri Rezak-Irons
Michelle Richardson
Lynnea Ritz
Dena Robertson-Blackford
Cheryl Rogers
Susan Rogers
Brenda Rohren
Sharon Rollins
Linda Rost
Julia Russomanno
Sheila Salama
Zona Scheiner
Janie Scholom
Ardyce Schoonover
Anna Schott
Eugene Schwartz
Carolyn Settle
Janice Shaad
William Shea
David Sherwood
Jocelyne Shiromoto
Irene Siegel
Dorit Silver
Deborah Silveria
Michelli Simpson
Darla Sinclair
Julie Smith
Nancy Smyth
Charlene Spears
Victor Steffens
Jacqueline Stewart
Sarah Stewart
Stacy Stoddard
Jill Strunk

SW WA EMDRIA Regional Network
Barbara Swain
Lesa Swanson
Ilyssa Swartout
Dana Terrell
Rosalie Thomas
Sandra Tudor
Carol Ummel Lindquist
Kathryn VanHooser
Vanessa Vaughtner
Jamie Vavaroutsos
Elizabeth Venart
Kimberely von Baeyer
Rachel Walker
Lauren Walker
Barbara Wascisin-Hernly
Vanessa Watt
Larry Welin
Patricia Werk
Kate Wheeler
Claire White
Crystal Whitlow
Kathy Wilmering
Christine Wilson
Janet Wilson
Charlotte Winters
Bennet Wolper
Susan & Mark Wulff
Wendy Yoder
Kirsten Young
Susan Zeichner
Camille Zeiter



Thank you to our donors, they are invaluable in this endeavor.

2018 Donors

Ambassador Circle | \$25,000 – \$49,999

Francine Shapiro

Diplomat | \$10,000 – \$24,999

Roberta Dunton

Benefactor | \$5,000 – \$7,499

Mary Soon

Larry Welin

Patron | \$2,500 – \$4,999

Bainum Family Foundation

Wilfried Busse

Ana Gomez

Dawn and Dean Jasper

Sustainer | \$1,000 – \$2,499

Cossette Ahlborn

Soozi Bolte

Lynn Buhler

DaLene Forester

Karen Forte

Jim Gach

Jim Helling

Barbara J. Hensley

Pennisue Hignell

E.C. Hurley

Deborah Kennard

Claudia Kotin

Christopher Lee

Marilyn Luber

Linda Lunsted

Paul William Miller

Regina Morrow

Katy Murray

Mark Nickerson

Sangye Teresa O'Mara

Zona and Bennet Scheiner

& Wolper

Rosalie Thomas

Robert Tinker

Jamie Vavaroutsos

Susan and Mark Wulff

Associate | \$500 – \$999

Jocelyn Barrett

Lisa Bellecci

Scott Blech

Soozi Bolte

Susan Brown

Lynne M. Dixon

Carol Forgash

Wendy Freitag

Irene Giessl

Michelle Gottlieb

Janie Gross

Karen Harber

Roxann Hassett

Jean Hawks

William Heiman

Timothy Hull

Amy Konkle

Deborah Korn

Andrew Leeds

D. Michael Coy, MA, LICSW

Barb Maiberger

Carol Maker

David Ogren

Sandra Paulsen

Liz Pechous

Esta Porter

Merrill Powers

Brenda Rohren

Eugene Schwartz

Marie Shaw

David Sherwood

Sarah Smith

Charlene Spears

Megan Van Petten

Wendy Yoder

Camille Zeiter

Friend | \$250 – \$499

Karen Alter-Reid

Susan Arland

Stephanie Baird

Wilma Bass

Terry Becker-Fritz

Mary Ellen Bertling-Safford

Hvovi Bhagwagar

Kathleen Biel

Sarah Boss

William Brislin

Carrie Carr

Beverlee Laidlaw Chasse

Lawrence Compagnoni

Candida Condor

Patricia Craveiro

Carol Crow

Irene Cunningham

Noelle Damon

Stephen Dansiger

Diane DesPlantes

Barb Detlefsen

Sheila Devlin-Cranne

Virginia Dotson

Tonya Edmond

Ann Gildersleeve

Sara G Gilman

Andrea B. Goldberg

Cassandra Gorman

Francisca Garcia Guerro

Patricia Henry-Schneider

Roy Kiessling

Karin Kleiner

Lisa Kornberg

Wendy Krauss

Susan Kravit

Sharon Laurenza

Jennifer Lendl

Kathleen Martin

Maria Masciandaro

Louise Maxfield

Linda M. Mixon

Peggy Moore

Rik Muroya

Richard Murphy

Evelyn Murray

Lawrence Nieters

Kelly O'Horo

Elaine Ortman

Gary Peterson

Elizabeth Prince

Lisa Riggs

Ardyce Schoonover

Janice A. Shaad

William Shea

Becky and Joe Sherman

Jocelyne Shiromoto

Darla Sinclair

Nancy Smyth

Roger Solomon

Jacqueline Kay Stewart

Jill Strunk

Ilyssa Swartout

Laraine Tanzer

Dana Terrell

Sandra Tudor

Elizabeth Venart

Rachel Walker

Barbara Wascisin-Hernly

Claire White

Crystal Whitlow

Janet Wilson

Janet Wright

Susan Zeichner

Achiever | \$100 – \$249

Kathleen Antonio
Kass Atkinson
Peggy Avent
Alicia Avila
Jan Berney
Paul Bookmeyer
Suzanne Borstein, PhD
Nancy Bravman
Marcella Brimo
Barbara Chuko
James Cole
Gina Colelli
Patricia Cone
Gayle Cordes
Douglas Cybela
Michele Louise Cyr
Lynda Dahlke
Judith Daniel
Jennifer Daniels
Elizabeth De Viveiros
Nancy Deutsch
Dean Dickerson
Eileen Duggan
Warren Faber

Valerie Feeley
Karen Forberg
Richard Garrett
Pamela Gerdes
Patty Giffin
Joseph Graca
Celia Grand
Flo Holt
Lana & Jim Hopkins
Helen Huffington
Josie Juhasz
Wayne King
Cynthia Kong
Barbara Korzun
Robert Land
Deborah Larkin
Donna Lindley
Carol Ummel Lindquist
Farnsworth Lobenstine
Elizabeth R Loux
Sheila Salama M.D.
Luh Madera
Robert Manrique
Isabelle Meignant

Patricia Miller
Patricia Morgan
Helen Morton
Dolores Mosguera
Kalpana Murthy
Udi Oren
Julie Parker
Sherri Paulson
Debby Phillips
Julia Pinsky
A J Popky
Jari Preston
Mary Jane Pringle
Elizabeth Ramirez
Kathleen Rapp
Sheri Rezak-Irons
Dena Robertson
Susan Rogers
Sharon Rollins
Linda Rost
Lynda Ruf
Julie Russomanno
Jackie & Nick Scharff
Janie Scholom

Kathleen Scott
Carolyn Settle
Irene Siegel
Dorit Silver
Deborah Silveria
Michelli Simpson
Julie Smith
Mary Jo Smrekar
Victor Steffens
Sarah B Stewart
Stacy Stoddard
Barbara Swain
Lesia Swanson
Van Petten Group
Vanessa Watt
Kate Wheeler
Patricia K Werk
Kathy Wilmering
Christine Wilson
Cynthia Wison
Kirsten Young

Supporter | <\$100

Don Allen
Jana Anderson
Jennifer Anderson
William Armistead
Marjorie Arni
Cindy Arnold
Melissa Babiarz
Jeanetta Barich
Roanne Barnett
Dominique Barritt-McBride
Sandra Lynch Bass
Anne Becker
Leni Belcher-Belshay
Elizabeth Belkin
Kathleen Bell
Jennie Beltz
Janice Bennett
Beth Bennett-Hill
Linda Benson
Christine Bergman
anne Bethune
Randall Bizer
Eric Blumberg
Linda Bowers
Marie Bracciale
Ellen Bressler-Wakesberg
Mimi Brittingham
Ann Marie Brown
J. Thomas Burns
Barbara Burton
Barbara Bussey
E. Kay Butler-Lueking
Judy Cabeceiras
Rebekah Calvert
Gina Candelaria

Rita Carr
Cheryl Case
Dana Cason
Aurora Casta
Sophia Caudle
Amy Winters Champoux
Walter Ciecko
Elizabeth Clark
Keren Louise Clark
Bente Clausen
Carol Clemenko
J. Sherry Cocozza
Chantal Cohen
Marcie Cohen
Laurie Colson-Young
Maryann Connolly
Keith Cook
Eleonora Corey
Virginia Coyle
Jeanne Crosby
Jean Cross
Jean Crume
Tricia Danielson
Susan Davis-Swanson
Christine Dehaan
Lori DeLeo
Sandra Derks
Donald and Esther Dininny
David Ditolla
David Dockstader
Christine Doe
Laurie Donaldson
Edie Dornbush
Amy Dunn
Priscilla Chase Durán

Sue Duroncelet
Nezhat Edalatian
Marc Eichelberger
Michael Ellison
Shirley Faleer
Dr. Sharon Fedderly
Jay Fellers
Caroline Fenderson
Francesca Ferrentelli
Karen Martin Fiedler
Susan Fisher
Lynn Fisher-Kittay
Kendra Ford
Annette Fortino
Janet Foster
Bonnie Fraser
Joanne Fuller
Courtney Gale
Lee Gallagher
Nancy Gallant
Lisa Garcia
Jeff Garrett
Christine Garwood
Linda Gengelbach
Diana Gibb
Robin Gibbs
Anne Giel
Jennifer Giesbrecht
Nina Goldman
Diana Goldstein
Robin Goldstein-Lincoln
Deborah Gordon
Gary Gould
Linda Gould-Faber
Cynthia Graber

Judy Greenberger
Nancy Gresham
Barbara Grinnell
Alex Gross
Irma and Sol Gurman
Laraine and Jerry Gutschow
Elizabeth Handy
Karen Hansel
Marisa Hansell
Doreen Hardy
Gordon Hare
Philip Harford
M. Leanne Harper
Paula Harry
Jane Hart
Mary Ellen Hays
Marsha Heiman
Suzanne Herberg
Patricia Hewlett
Gary Hiam
Jenee' Hill
Susan Hogan
Nancy Hood
Sharon Howe
Sara Howze
Paula Jo Hruby
Brenda Hubers
Tamra Hughes
Ruth Ische
James Jacksom
Margo Jacquot
Sara Jamison
Temperance Johnson
Nadia Johnson
Kim Johnson

Supporter | <\$100 (continued)

Nancy Johnson	Harriet Mall	Patricia Podhaisky	Martha Sullivan
Cindy Jones	Nancy Mann	Frank Poole	Julia Sullivan-Redmond
Carol Kasha-Ciallella	Rita and G.G. Mc Avoy	Sandra Poupeney	Melissa Sundwall
Casey Frazee Katz	Tracey Musarra Marchese	Karen Price	Shellea Swan
Urszula Kelley	Gail Marcus	Laura Pulsifer	Mary Szydowski
Terry Kelly	Carol Markson	Jesse Rappaport	Julie Tapley
Elizabeth Kent	Rosemary Masters	Marcia Rennie	Sidney Tarpinian
Natacha Kerelejza	Betty McAfee	Michelle Richardson	Laura Taylor
Catherine Kestle	Charlotte Mcauley	Maudie Ritchie	Caroline Teal
Doha Khoury	Dawn McClelland	Lynnea Ritz	Elizabeth Tegan
DeAnne Kinsey	Renee McCormick	Lucille Robbins	Anna Terman-White
Phyllis Klaus	Catie McDowell	Susan Robson	Foster Therapy
Maxwell Knauss	Arthur McGrath	Carole Rodon	Gael Thompson
F. Robert Knox	Mary Mchaney	Cheryl Rogers	Susan Tieger
Emre Konuk	Mary Jo McHaney	Marcy Roman	Carol Tierney
Sheryl Kool	Bets McSpadden	Shelly Rosen	Renee Tong
Naomi Korn	Gordon Meredith	Dana Rosenstein	Heather Toulmin
Ann Kosinski	Daniel Merlis	Debora Ross	Dale E. Tracy, LCPC, CCDC
Michael Kurjan	Deborah Meyrowitz-Weiss	Mary Rower	Denise Tromblay
Jo Kurzmann	Judith Miller	Dorinna Ruh	Shelley Uram
Dee Lafferty	Delois Miller	Giselle Ruzany	Patrice Van Duine
Susan Lalone	Rachael Miller	Carol Ryan	Kathryn VanHooser
Stephen LaMotte	Ed Mislak	Susan Sabol	Vanessa Vaughter, LCSW, MDIV
Ulrich Lanius	Jerry Mock	Sharon Salz	John Vogt
Joy Lanzano	penny Monetti	Kevin Sample	Kimberely von Baeyer
Sharon Lash	Janet Mueller	Paul Schellenberg	Darlene Wade
Kristen Lauder	Kathia Murdock	Nancy Scherlong	Lauren S. Walker, LCSW LLC
Toniya Lay	Kathia Lopez Murdock	Christine Schlottman	Sharon Walker
Renee LCPC	Michael Murrell	Lavon Schmidt	Carol Walsh
Leah Leatherbee	Tiffany Mylett	Patricia Scholz	Stephen Weathersbee
Beth Lee	Jeremy Mylett	Anna Schott	Ashley Webb
Noreen LeGare	Suzi Naiburg	Lisa Schwartz	Margaret Webb
Ann Lehwald	Erika Neil	Suzan Scudder	Karen Wecker
Candise Leininger	Lori Nelson	Laurel Searcy	Kelly Wedell
Heather Leonard	Hilber Nelson	Holly Sears	Debra Wesselmann
Kathryn LePage	Theora Noble	Ann Marie Semich	Danielle West
George Lester	Bronwyn O'Neil	Patricia Shadek	Susan Wilson
Karen Levin	Ambria Page	Angela Shirey	Nancy Winans
Marilyn Levy	Jane Palmer	Suzy Silvia	Charlotte Winters
Emily Lewis	Jeffrey Parker	Enid Singer	Jean Wortman
Ann Marie Lewis	Sandra Parra	Kevin Smith	Rosemary Wrzos
Alan Liberman	Susan Parrish-Sprowl	Joan Snider	Elaine Wynne
Catherine Lidov	Maryann Parrott	Jonathan Speare	Cheryl Yadon
Christine Lill	Mark Patterson	Christine Sperrazza	Judy Yawman-Adams
Robert Littlefield	Barb Peck	Debra Sprague	Susan Marie York
Larry Lodermeier	Lori Pereira	Erin Staniszeski	Denise Zahller
Rosemary Luque	Lynn Persson	Miriam Stern	Rena Zahorsky
Paula Maclan	Madelyn Petrow-Cohen	Patricia Stitt	Susan Zeichner
Deborah Madansky	Tamara Pettingill	Debora Stout	Suzanne Zetz
Christina Madlener	Steven Pierce	Marlene Strong	
Carole Maguire	Ursula Platte	Lucille Stubbs	
John Malinky	Mary Plonka	Jill Stultz	

OUR INFORMATION

Board of Directors



Wendy J. Freitag,
Ph.D.
- *President*



Scott Blech,
C.A.E
- *Secretary*



Jim Gach,
M.S.W.



Katy Murray,
M.S.W., L.I.C.S.W.



Susan Rogers,
Ph.D.



David Sherwood,
Ph.D.



Rosalie Thomas,
R.N., Ph.D.



Lisa McMillan
R.N., B.S.N.
*Executive Director/
Ex-Officio*

Connect with Us



[www.emdrresearch
foundation.org](http://www.emdrresearchfoundation.org)



EMDR Research
Foundation



@EMDRResearch



emdrresearch
foundation



EMDR Research
Foundation

Contact Information



ADDRESS
207 E. Ohio Street #430
Chicago, IL 60611



PHONE
630-296-4399



EMAIL
info@emdrresearchfoundation.org



2018
ANNUAL
REPORT